



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Dancing Triathlon Ladies

Club: TSA der TSG Weinheim

Number: 384

Course: 25.50 km

Triathlonstaffel

Category:

Damen-Staffel

Total time: 1:26:56

Speed: 17.25 km/h

Running performance: 3:24 min/km

Rank in course: 38 (of 45)

Best time in course: 58:50

Rank in category: 6(of 8)

Best time in the category: 1:11:21

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|----------|------------|--------------|---------------|-------------|-----------|--------------|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen nett | 0.50 | 15:11 | 30:22 | 7 | 7:11 | 39 | 9:07 | 0.50 | 15:11 | 30:22 | 7 | 7:11 | 39 | 9:07 |
| Wechsel S -> R | - | 1:59 | - | 8 | 0:26 | 41 | 0:45 | 0.50 | 17:10 | - | 7 | 7:29 | 39 | 8:26 |
| Rad netto | 20.00 | 40:24 | 2:01 | 5 | 0:59 | 33 | 10:05 | 20.50 | 57:34 | 2:48 | 5 | 8:28 | 35 | 18:14 |
| Wechsel R -> L | - | 0:40 | - | 6 | 0:13 | 35 | 0:14 | 20.50 | 58:14 | - | 5 | 8:31 | 35 | 18:20 |
| Lauf | 5.00 | 28:42 | 5:44 | 7 | 7:04 | 39 | 11:49 | 25.50 | 1:26:56 | 3:24 | 6 | 15:35 | 38 | 28:06 |