



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Dancing Triathlon Ladies

Club: TSA der TSG Weinheim

Number: 384

Course: 25.50 km

Triathlonstaffel

Category:

Damen-Staffel

Total time: 1:26:56

Speed: 17.25 km/h

Running performance: 3:24 min/km

Rank in course: 38 (of 45)

Best time in course: 58:50

Rank in category: 6(of 8)

Best time in the category: 1:11:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	Total km	Total Time			Pos Total	Behind Total	
Schwimmen nett	0.50	15:11	30:22	7	7:11	39	9:07	0.50	15:11	30:22	7	7:11	39	9:07
Wechsel S -> R	-	1:59	-	8	0:26	41	0:45	0.50	17:10	-	7	7:29	39	8:26
Rad netto	20.00	40:24	2:01	5	0:59	33	10:05	20.50	57:34	2:48	5	8:28	35	18:14
Wechsel R -> L	-	0:40	-	6	0:13	35	0:14	20.50	58:14	-	5	8:31	35	18:20
Lauf	5.00	28:42	5:44	7	7:04	39	11:49	25.50	1:26:56	3:24	6	15:35	38	28:06