



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Pablo Jamin**

**Total time: 1:33:30**

Club: DLRG Lorsch

Number: 189

Course: 25.50 km

Rank in course/Total: 314 (of 354)

Lorsch Triathlon

Rank in course/Men: 232 (of 254)

Best time in course: 58:26

Category:

Rank in category: 10(of 10)

männliche AK 1 (TM 20)

Best time in the category: 1:04:08

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:40	19:19	4	1:15	51	2:53	0.50	9:40	19:19	11	1:15	255	2:53
Wechsel S -> R	-	4:09	-	7	2:36	218	4:09	0.50	13:49	27:37	11	3:51	255	5:41
Schwimmen Total	0.50	13:49	27:37	11	3:51	255	5:41	0.50	13:49	27:37	11	3:51	255	5:41
Rad netto	20.00	45:31	2:16	10	11:34	235	19:46	20.50	59:20	2:53	11	15:25	255	20:23
Wechsel R -> L	-	1:07	-	7	0:30	109	0:35	20.50	1:00:27	2:56	11	15:55	216	20:38
Rad Total	20.00	46:38	2:19	10	12:04	235	19:55	20.50	1:00:27	2:56	11	15:55	216	20:38
Lauf Ziel	5.00	33:03	6:36	10	13:27	244	16:16	25.50	1:33:30	3:39	10	29:22	232	35:04