



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Luk Deselaers**

**Total time: 1:38:11**

Club: TEAM GIGGELFEUER

Number: 157

Course: 25.50 km

Rank in course/Total: 335 (of 354)

Lorsch Triathlon

Rank in course/Men: 244 (of 254)

Best time in course: 58:26

Category:

Rank in category: 6(of 6)

männliche Jugend A (TM 16/17)

Best time in the category: 1:00:15

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:34	21:07	4	3:29	98	3:47	0.50	10:34	21:07	4	3:29	255	3:47
Wechsel S -> R	-	3:14	-	5	1:58	169	3:14	0.50	13:48	27:36	4	5:27	255	5:40
Schwimmen Total	0.50	13:48	27:36	4	5:27	255	5:40	0.50	13:48	27:36	4	5:27	255	5:40
Rad netto	20.00	48:47	2:26	6	15:33	247	23:02	20.50	1:02:35	3:03	6	21:00	255	23:38
Wechsel R -> L	-	0:39	-	2	0:06	16	0:07	20.50	1:03:14	3:05	6	21:06	255	23:25
Rad Total	20.00	49:26	2:28	6	15:39	245	22:43	20.50	1:03:14	3:05	6	21:06	255	23:25
Lauf Ziel	5.00	34:57	6:59	6	17:14	246	18:10	25.50	1:38:11	3:51	6	37:56	244	39:45