



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Florian Hennemann

Total time: 1:07:29

Number: 242

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 28 (of 354)

Rank in course/Men: 25 (of 254)

Best time in course: 58:26

Category:

männliche AK 2 (TM 25)

Rank in category: 1(of 30)

Best time in the category: 1:07:29

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:07	18:14	2	0:09	29	2:20	0.50	9:07	18:14	31	0:09	255	2:20	
Wechsel S -> R	-	2:08	-	6	0:44	50	2:08	0.50	11:15	22:30	1	-	255	3:07	
Schwimmen Total	0.50	11:15	22:30	1	-	255	3:07	0.50	11:15	22:30	1	-	255	3:07	
Rad netto	20.00	35:15	1:45	5	9:30	51	9:30	20.50	46:30	2:16	4	3:29	255	7:33	
Wechsel R -> L	-	1:13	-	17	0:41	130	0:41	20.50	47:43	2:19	4	3:44	255	7:54	
Rad Total	20.00	36:28	1:49	5	9:45	52	9:45	20.50	47:43	2:19	4	3:44	255	7:54	
Lauf Ziel	5.00	19:46	3:57	1	-	23	2:59	25.50	1:07:29	2:38	1	-	25	9:03	