



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Ben Deselaers

Club: TEAM GIGGELFEUER

Number: 158

Course: 25.50 km

Lorsch Triathlon

Category:

männliche Junioren (TM 18/19)

Total time: 1:10:49

Rank in course/Total: 51 (of 354)

Rank in course/Men: 47 (of 254)

Best time in course: 58:26

Rank in category: 1(of 2)

Best time in the category: 1:10:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:30	21:00	1	-	95	3:43	0.50	10:30	21:00	1	-	96	3:43
Wechsel S -> R	-	2:21	-	2	0:09	69	2:21	0.50	12:51	25:41	1	-	255	4:43
Schwimmen Total	0.50	12:51	25:41	1	-	255	4:43	0.50	12:51	25:41	1	-	255	4:43
Rad netto	20.00	37:08	1:51	2	0:33	104	11:23	20.50	49:59	2:26	1	-	255	11:02
Wechsel R -> L	-	0:48	-	2	0:03	42	0:16	20.50	50:47	2:28	1	-	255	10:58
Rad Total	20.00	37:56	1:53	2	0:36	87	11:13	20.50	50:47	2:28	1	-	255	10:58
Lauf Ziel	5.00	20:02	4:00	1	-	29	3:15	25.50	1:10:49	2:46	1	-	47	12:23