



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Rene Storck

Total time: 1:05:06

Club: SF Tria Rossdorf

Number: 136

Course: 25.50 km

Rank in course/Total: 15 (of 354)

Lorsch Triathlon

Rank in course/Men: 14 (of 254)

Best time in course: 58:26

Category:

Rank in category: 5(of 23)

Senioren 1 (TM 40)

Best time in the category: 1:02:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:46	17:32	6	1:12	18	1:59	0.50	8:46	17:32	6	1:12	255	1:59
Wechsel S -> R	-	1:44	-	6	0:12	17	1:44	0.50	10:30	21:00	5	0:40	255	2:22
Schwimmen Total	0.50	10:30	21:00	5	0:40	255	2:22	0.50	10:30	21:00	5	0:40	255	2:22
Rad netto	20.00	33:47	1:41	6	1:53	24	8:02	20.50	44:17	2:09	24	2:10	255	5:20
Wechsel R -> L	-	0:49	-	4	0:07	45	0:17	20.50	45:06	2:12	24	2:09	255	5:17
Rad Total	20.00	34:36	1:43	6	1:52	24	7:53	20.50	45:06	2:12	24	2:09	255	5:17
Lauf Ziel	5.00	20:00	4:00	9	1:04	28	3:13	25.50	1:05:06	2:33	5	2:43	14	6:40