



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Marcel Ritter

Total time: 1:08:23

Number: 163

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 35 (of 354)

Rank in course/Men: 32 (of 254)

Best time in course: 58:26

Category:

Rank in category: 7(of 23)

Senioren 1 (TM 40)

Best time in the category: 1:02:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:33	19:06	11	1:59	45	2:46	0.50	9:33	19:06	24	1:59	255	2:46
Wechsel S -> R	-	2:28	-	15	0:56	77	2:28	0.50	12:01	24:02	24	2:11	255	3:53
Schwimmen Total	0.50	12:01	24:02	24	2:11	255	3:53	0.50	12:01	24:02	24	2:11	255	3:53
Rad netto	20.00	34:57	1:44	8	3:03	47	9:12	20.50	46:58	2:17	24	4:51	255	8:01
Wechsel R -> L	-	1:09	-	13	0:27	114	0:37	20.50	48:07	2:20	24	5:10	255	8:18
Rad Total	20.00	36:06	1:48	8	3:22	46	9:23	20.50	48:07	2:20	24	5:10	255	8:18
Lauf Ziel	5.00	20:16	4:03	10	1:20	33	3:29	25.50	1:08:23	2:40	7	6:00	32	9:57