



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Matthias Schlappner

Total time: 1:08:44

Number: 214

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 38 (of 354)

Rank in course/Men: 35 (of 254)

Best time in course: 58:26

Category:

Rank in category: 8(of 23)

Senioren 1 (TM 40)

Best time in the category: 1:02:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:57	19:53	14	2:23	65	3:10	0.50	9:57	19:53	24	2:23	255	3:10
Wechsel S -> R	-	1:46	-	7	0:14	18	1:46	0.50	11:43	23:26	24	1:53	255	3:35
Schwimmen Total	0.50	11:43	23:26	24	1:53	255	3:35	0.50	11:43	23:26	24	1:53	255	3:35
Rad netto	20.00	33:36	1:40	5	1:42	22	7:51	20.50	45:19	2:12	24	3:12	255	6:22
Wechsel R -> L	-	0:42	-	1	-	22	0:10	20.50	46:01	2:14	24	3:04	255	6:12
Rad Total	20.00	34:18	1:42	4	1:34	16	7:35	20.50	46:01	2:14	24	3:04	255	6:12
Lauf Ziel	5.00	22:43	4:32	17	3:47	94	5:56	25.50	1:08:44	2:41	8	6:21	35	10:18