



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Sebastian Schneibel

Total time: 1:12:22

Number: 222

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 74 (of 354)

Rank in course/Men: 66 (of 254)

Best time in course: 58:26

Category:

Rank in category: 14(of 23)

Senioren 1 (TM 40)

Best time in the category: 1:02:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:28	16:56	4	0:54	14	1:41	0.50	8:28	16:56	24	0:54	255	1:41
Wechsel S -> R	-	2:07	-	10	0:35	48	2:07	0.50	10:35	21:10	24	0:45	255	2:27
Schwimmen Total	0.50	10:35	21:10	24	0:45	255	2:27	0.50	10:35	21:10	24	0:45	255	2:27
Rad netto	20.00	37:54	1:53	17	6:00	126	12:09	20.50	48:29	2:21	12	6:22	255	9:32
Wechsel R -> L	-	1:38	-	17	0:56	198	1:06	20.50	50:07	2:26	14	7:10	255	10:18
Rad Total	20.00	39:32	1:58	18	6:48	135	12:49	20.50	50:07	2:26	14	7:10	255	10:18
Lauf Ziel	5.00	22:15	4:27	14	3:19	82	5:28	25.50	1:12:22	2:50	14	9:59	66	13:56