



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Carsten Merz

Total time: 1:26:56

Number: 179

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 269 (of 354)

Rank in course/Men: 208 (of 254)

Best time in course: 58:26

Category:

Rank in category: 23(of 23)

Senioren 1 (TM 40)

Best time in the category: 1:02:23

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen nett	0.50	14:56	29:52	23	7:22	234	8:09	0.50	14:56	29:52	24	7:22	255	8:09
Wechsel S -> R	-	2:31	-	16	0:59	84	2:31	0.50	17:27	34:53	24	7:37	255	9:19
Schwimmen Total	0.50	17:27	34:53	24	7:37	255	9:19	0.50	17:27	34:53	24	7:37	255	9:19
Rad netto	20.00	39:06	1:57	21	7:12	165	13:21	20.50	56:33	2:45	24	14:26	255	17:36
Wechsel R -> L	-	2:12	-	23	1:30	243	1:40	20.50	58:45	2:51	24	15:48	255	18:56
Rad Total	20.00	41:18	2:03	22	8:34	182	14:35	20.50	58:45	2:51	24	15:48	255	18:56
Lauf Ziel	5.00	28:11	5:38	22	9:15	206	11:24	25.50	1:26:56	3:24	23	24:33	208	28:30