



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Timo Rudolph

Total time: 1:03:22

Number: 245

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 10 (of 354)

Rank in course/Men: 9 (of 254)

Best time in course: 58:26

Category:

Senioren 2 (TM 45)

Rank in category: 1(of 25)

Best time in the category: 1:03:22

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:34	17:07	2	0:17	16	1:47	0.50	8:34	17:07	26	0:17	255	1:47
Wechsel S -> R	-	1:51	-	4	0:21	23	1:51	0.50	10:25	20:49	1	-	255	2:17
Schwimmen Total	0.50	10:25	20:49	1	-	255	2:17	0.50	10:25	20:49	1	-	255	2:17
Rad netto	20.00	33:25	1:40	3	1:41	17	7:40	20.50	43:50	2:08	1	-	255	4:53
Wechsel R -> L	-	0:50	-	7	0:13	50	0:18	20.50	44:40	2:10	1	-	255	4:51
Rad Total	20.00	34:15	1:42	3	0:28	14	7:32	20.50	44:40	2:10	1	-	255	4:51
Lauf Ziel	5.00	18:42	3:44	2	0:04	10	1:55	25.50	1:03:22	2:29	1	-	9	4:56