



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Christian Gebhardt**

**Total time: 1:08:32**

Club: RV 03 Bürstadt

Number: 118

Course: 25.50 km

Rank in course/Total: 36 (of 354)

Lorsch Triathlon

Rank in course/Men: 33 (of 254)

Best time in course: 58:26

Category:

Rank in category: 4(of 25)

Senioren 2 (TM 45)

Best time in the category: 1:03:22

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:57	17:53	5	0:40	24	2:10	0.50	8:57	17:53	26	0:40	255	2:10
Wechsel S -> R	-	1:50	-	3	0:20	22	1:50	0.50	10:47	21:33	26	0:22	255	2:39
Schwimmen Total	0.50	10:47	21:33	26	0:22	255	2:39	0.50	10:47	21:33	26	0:22	255	2:39
Rad netto	20.00	34:25	1:43	4	2:41	34	8:40	20.50	45:12	2:12	26	1:22	255	6:15
Wechsel R -> L	-	1:00	-	10	0:23	84	0:28	20.50	46:12	2:15	26	1:32	255	6:23
Rad Total	20.00	35:25	1:46	4	1:38	31	8:42	20.50	46:12	2:15	26	1:32	255	6:23
Lauf Ziel	5.00	22:20	4:28	8	3:42	84	5:33	25.50	1:08:32	2:41	4	5:10	33	10:06