



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Karsten Köhler

Total time: 1:11:47

Club: Freiwillige Feuerwehr Wieblingen

Number: 228

Course: 25.50 km

Rank in course/Total: 68 (of 354)

Lorsch Triathlon

Rank in course/Men: 60 (of 254)

Best time in course: 58:26

Category:

Rank in category: 7(of 25)

Senioren 2 (TM 45)

Best time in the category: 1:03:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:09	26:18	24	4:52	208	6:22	0.50	13:09	26:18	26	4:52	255	6:22
Wechsel S -> R	-	2:42	-	12	1:12	105	2:42	0.50	15:51	31:41	23	5:26	255	7:43
Schwimmen Total	0.50	15:51	31:41	23	5:26	255	7:43	0.50	15:51	31:41	23	5:26	255	7:43
Rad netto	20.00	36:40	1:49	13	4:56	85	10:55	20.50	52:31	2:33	18	8:41	255	13:34
Wechsel R -> L	-	0:38	-	2	0:01	14	0:06	20.50	53:09	2:35	17	8:29	255	13:20
Rad Total	20.00	37:18	1:51	11	3:31	67	10:35	20.50	53:09	2:35	17	8:29	255	13:20
Lauf Ziel	5.00	18:38	3:43	1	-	8	1:51	25.50	1:11:47	2:48	7	8:25	60	13:21