



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Andreas Ganß

Total time: 1:14:13

Number: 113

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 97 (of 354)

Rank in course/Men: 85 (of 254)

Best time in course: 58:26

Category:

Senioren 2 (TM 45)

Rank in category: 10(of 25)

Best time in the category: 1:03:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:50	19:40	8	1:33	60	3:03	0.50	9:50	19:40	26	1:33	61	3:03
Wechsel S -> R	-	2:19	-	7	0:49	68	2:19	0.50	12:09	24:18	26	1:44	255	4:01
Schwimmen Total	0.50	12:09	24:18	26	1:44	255	4:01	0.50	12:09	24:18	26	1:44	255	4:01
Rad netto	20.00	37:33	1:52	14	5:49	116	11:48	20.50	49:42	2:25	26	5:52	255	10:45
Wechsel R -> L	-	1:22	-	18	0:45	157	0:50	20.50	51:04	2:29	26	6:24	255	11:15
Rad Total	20.00	38:55	1:56	15	5:08	118	12:12	20.50	51:04	2:29	26	6:24	255	11:15
Lauf Ziel	5.00	23:09	4:37	11	4:31	100	6:22	25.50	1:14:13	2:54	10	10:51	85	15:47