



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Christian Benetka Uher

Total time: 1:14:55

Number: 47

Course: 25.50 km

Rank in course/Total: 104 (of 354)

Lorsch Triathlon

Rank in course/Men: 91 (of 254)

Best time in course: 58:26

Category:

Rank in category: 11(of 25)

Senioren 2 (TM 45)

Best time in the category: 1:03:22

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Schwimmen nett	0.50	10:26	20:52	12	2:09	93	3:39	0.50	10:26	20:52	12	2:09	93	3:39
Wechsel S -> R	-	3:07	-	17	1:37	156	3:07	0.50	13:33	27:06	26	3:08	96	5:25
Schwimmen Total	0.50	13:33	27:06	26	3:08	96	5:25	0.50	13:33	27:06	26	3:08	96	5:25
Rad netto	20.00	35:37	1:46	10	3:53	55	9:52	20.50	49:10	2:23	26	5:20	71	10:13
Wechsel R -> L	-	1:01	-	11	0:24	86	0:29	20.50	50:11	2:26	26	5:31	68	10:22
Rad Total	20.00	36:38	1:49	10	2:51	55	9:55	20.50	50:11	2:26	26	5:31	68	10:22
Lauf Ziel	5.00	24:44	4:56	16	6:06	145	7:57	25.50	1:14:55	2:56	11	11:33	91	16:29