



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Marc Siddique

Club: Schön Klinik Lorsch

Number: 438

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 2 (TM 45)

Total time: 1:15:28

Rank in course/Total: 113 (of 354)

Rank in course/Men: 99 (of 254)

Best time in course: 58:26

Rank in category: 13(of 25)

Best time in the category: 1:03:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:55	23:49	20	3:38	167	5:08	0.50	11:55	23:49	26	3:38	255	5:08
Wechsel S -> R	-	2:52	-	14	1:22	125	2:52	0.50	14:47	29:33	26	4:22	255	6:39
Schwimmen Total	0.50	14:47	29:33	26	4:22	255	6:39	0.50	14:47	29:33	26	4:22	255	6:39
Rad netto	20.00	34:50	1:44	8	3:06	44	9:05	20.50	49:37	2:25	26	5:47	255	10:40
Wechsel R -> L	-	1:04	-	12	0:27	94	0:32	20.50	50:41	2:28	26	6:01	255	10:52
Rad Total	20.00	35:54	1:47	9	2:07	44	9:11	20.50	50:41	2:28	26	6:01	255	10:52
Lauf Ziel	5.00	24:47	4:57	17	6:09	146	8:00	25.50	1:15:28	2:57	13	12:06	99	17:02