



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Falk Blankenburg

Total time: 1:15:38

Number: 221

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 116 (of 354)

Rank in course/Men: 102 (of 254)

Best time in course: 58:26

Category:

Senioren 2 (TM 45)

Rank in category: 15(of 25)

Best time in the category: 1:03:22

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:49	23:37	19	3:32	161	5:02	0.50	11:49	23:37	26	3:32	162	5:02
Wechsel S -> R	-	2:38	-	11	1:08	100	2:38	0.50	14:27	28:53	16	4:02	255	6:19
Schwimmen Total	0.50	14:27	28:53	16	4:02	255	6:19	0.50	14:27	28:53	16	4:02	255	6:19
Rad netto	20.00	34:33	1:43	6	2:49	39	8:48	20.50	49:00	2:23	8	5:10	255	10:03
Wechsel R -> L	-	1:15	-	15	0:38	136	0:43	20.50	50:15	2:27	10	5:35	255	10:26
Rad Total	20.00	35:48	1:47	7	2:01	41	9:05	20.50	50:15	2:27	10	5:35	255	10:26
Lauf Ziel	5.00	25:23	5:04	19	6:45	159	8:36	25.50	1:15:38	2:57	15	12:16	102	17:12