



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Arnold Banerjee

Club: Helaba BSG Triathlon

Number: 187

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 2 (TM 45)

Total time: 1:25:38

Rank in course/Total: 252 (of 354)

Rank in course/Men: 199 (of 254)

Best time in course: 58:26

Rank in category: 23(of 25)

Best time in the category: 1:03:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:51	25:41	23	4:34	198	6:04	0.50	12:51	25:41	26	4:34	255	6:04
Wechsel S -> R	-	3:50	-	23	2:20	201	3:50	0.50	16:41	33:22	26	6:16	255	8:33
Schwimmen Total	0.50	16:41	33:22	26	6:16	255	8:33	0.50	16:41	33:22	26	6:16	255	8:33
Rad netto	20.00	42:55	2:08	25	11:11	221	17:10	20.50	59:36	2:54	26	15:46	255	20:39
Wechsel R -> L	-	2:06	-	25	1:29	238	1:34	20.50	1:01:42	3:00	26	17:02	255	21:53
Rad Total	20.00	45:01	2:15	25	11:14	225	18:18	20.50	1:01:42	3:00	26	17:02	255	21:53
Lauf Ziel	5.00	23:56	4:47	13	5:18	127	7:09	25.50	1:25:38	3:21	23	22:16	199	27:12