



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

José Maria Prieto Pablos

Total time: 1:30:38

Number: 207

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 295 (of 354)

Rank in course/Men: 223 (of 254)

Best time in course: 58:26

Category:

Senioren 2 (TM 45)

Rank in category: 25(of 25)

Best time in the category: 1:03:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:57	21:53	15	2:40	109	4:10	0.50	10:57	21:53	26	2:40	111	4:10
Wechsel S -> R	-	4:23	-	25	2:53	234	4:23	0.50	15:20	30:40	26	4:55	255	7:12
Schwimmen Total	0.50	15:20	30:40	26	4:55	255	7:12	0.50	15:20	30:40	26	4:55	255	7:12
Rad netto	20.00	41:24	2:04	22	9:40	203	15:39	20.50	56:44	2:46	26	12:54	255	17:47
Wechsel R -> L	-	1:18	-	17	0:41	148	0:46	20.50	58:02	2:49	26	13:22	255	18:13
Rad Total	20.00	42:42	2:08	22	8:55	203	15:59	20.50	58:02	2:49	26	13:22	255	18:13
Lauf Ziel	5.00	32:36	6:31	25	13:58	242	15:49	25.50	1:30:38	3:33	25	27:16	223	32:12