



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Lars Aschenbrenner

Total time: 1:05:05

Club: team.ggu-software.com

Number: 298

Course: 25.50 km

Rank in course/Total: 14 (of 354)

Lorsch Triathlon

Rank in course/Men: 13 (of 254)

Best time in course: 58:26

Category:

Rank in category: 1(of 27)

Senioren 3 (TM 50)

Best time in the category: 1:05:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:17	18:33	4	1:03	37	2:30	0.50	9:17	18:33	4	1:03	255	2:30
Wechsel S -> R	-	1:48	-	3	0:15	21	1:48	0.50	11:05	22:10	3	1:10	255	2:57
Schwimmen Total	0.50	11:05	22:10	3	1:10	255	2:57	0.50	11:05	22:10	3	1:10	255	2:57
Rad netto	20.00	33:12	1:39	4	2:13	13	7:27	20.50	44:17	2:09	28	0:05	255	5:20
Wechsel R -> L	-	0:54	-	6	0:19	64	0:22	20.50	45:11	2:12	28	0:11	255	5:22
Rad Total	20.00	34:06	1:42	4	2:05	12	7:23	20.50	45:11	2:12	28	0:11	255	5:22
Lauf Ziel	5.00	19:54	3:58	5	1:14	26	3:07	25.50	1:05:05	2:33	1	-	13	6:39