



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Michael Dreißigacker

Club: Kletterhalle Bensheim

Number: 46

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 3 (TM 50)

Total time: 1:06:10

Rank in course/Total: 22 (of 354)

Rank in course/Men: 20 (of 254)

Best time in course: 58:26

Rank in category: 5(of 27)

Best time in the category: 1:05:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:05	18:10	2	0:51	28	2:18	0.50	9:05	18:10	28	0:51	28	2:18
Wechsel S -> R	-	1:53	-	5	0:20	30	1:53	0.50	10:58	21:56	28	1:03	25	2:50
Schwimmen Total	0.50	10:58	21:56	28	1:03	25	2:50	0.50	10:58	21:56	28	1:03	25	2:50
Rad netto	20.00	33:14	1:39	5	2:15	14	7:29	20.50	44:12	2:09	1	-	15	5:15
Wechsel R -> L	-	0:48	-	3	0:13	42	0:16	20.50	45:00	2:11	1	-	15	5:11
Rad Total	20.00	34:02	1:42	3	2:01	11	7:19	20.50	45:00	2:11	1	-	15	5:11
Lauf Ziel	5.00	21:10	4:14	8	2:30	52	4:23	25.50	1:06:10	2:35	5	1:05	20	7:44