



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Jörn Schlichting

Club: Team Brunnenpfad

Number: 329

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 3 (TM 50)

Total time: 1:07:24

Rank in course/Total: 26 (of 354)

Rank in course/Men: 23 (of 254)

Best time in course: 58:26

Rank in category: 6(of 27)

Best time in the category: 1:05:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:09	20:18	9	1:55	77	3:22	0.50	10:09	20:18	28	1:55	255	3:22
Wechsel S -> R	-	2:22	-	9	0:49	71	2:22	0.50	12:31	25:02	28	2:36	255	4:23
Schwimmen Total	0.50	12:31	25:02	28	2:36	255	4:23	0.50	12:31	25:02	28	2:36	255	4:23
Rad netto	20.00	34:21	1:43	6	3:22	31	8:36	20.50	46:52	2:17	28	2:40	255	7:55
Wechsel R -> L	-	1:08	-	13	0:33	112	0:36	20.50	48:00	2:20	28	3:00	255	8:11
Rad Total	20.00	35:29	1:46	7	3:28	33	8:46	20.50	48:00	2:20	28	3:00	255	8:11
Lauf Ziel	5.00	19:24	3:52	3	0:44	16	2:37	25.50	1:07:24	2:38	6	2:19	23	8:58