



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Thomas Wahrenbruch

Total time: 1:09:15

Club: RV03 Bürstadt

Number: 131

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 42 (of 354)

Rank in course/Men: 39 (of 254)

Best time in course: 58:26

Category:

Senioren 3 (TM 50)

Rank in category: 9(of 27)

Best time in the category: 1:05:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Behind		Pos Behind	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:43	25:26	23	4:29	194	5:56	0.50	12:43	25:26	28	4:29	255	5:56
Wechsel S -> R	-	3:08	-	21	1:35	159	3:08	0.50	15:51	31:41	28	5:56	255	7:43
Schwimmen Total	0.50	15:51	31:41	28	5:56	255	7:43	0.50	15:51	31:41	28	5:56	255	7:43
Rad netto	20.00	30:59	1:32	1	-	3	5:14	20.50	46:50	2:17	28	2:38	255	7:53
Wechsel R -> L	-	1:02	-	10	0:27	87	0:30	20.50	47:52	2:20	28	2:52	255	8:03
Rad Total	20.00	32:01	1:36	1	-	3	5:18	20.50	47:52	2:20	28	2:52	255	8:03
Lauf Ziel	5.00	21:23	4:16	10	2:43	63	4:36	25.50	1:09:15	2:42	9	4:10	39	10:49