



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Martin Raepfle

Total time: 1:20:54

Number: 132

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 191 (of 354)

Rank in course/Men: 163 (of 254)

Best time in course: 58:26

Category:

Rank in category: 19(of 27)

Senioren 3 (TM 50)

Best time in the category: 1:05:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:18	18:36	5	1:04	38	2:31	0.50	9:18	18:36	28	1:04	255	2:31
Wechsel S -> R	-	3:05	-	19	1:32	152	3:05	0.50	12:23	24:45	28	2:28	255	4:15
Schwimmen Total	0.50	12:23	24:45	28	2:28	255	4:15	0.50	12:23	24:45	28	2:28	255	4:15
Rad netto	20.00	38:25	1:55	19	7:26	141	12:40	20.50	50:48	2:28	28	6:36	255	11:51
Wechsel R -> L	-	1:17	-	16	0:42	144	0:45	20.50	52:05	2:32	28	7:05	255	12:16
Rad Total	20.00	39:42	1:59	19	7:41	139	12:59	20.50	52:05	2:32	28	7:05	255	12:16
Lauf Ziel	5.00	28:49	5:45	22	10:09	216	12:02	25.50	1:20:54	3:10	19	15:49	163	22:28