



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Marcel Hofter

Total time: 1:14:48

Number: 154

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 103 (of 354)

Rank in course/Men: 90 (of 254)

Best time in course: 58:26

Category:

männliche AK 2 (TM 25)

Rank in category: 9(of 30)

Best time in the category: 1:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:24	22:48	18	2:26	137	4:37	0.50	11:24	22:48	31	2:26	255	4:37
Wechsel S -> R	-	2:30	-	7	1:06	82	2:30	0.50	13:54	27:48	31	2:39	255	5:46
Schwimmen Total	0.50	13:54	27:48	31	2:39	255	5:46	0.50	13:54	27:48	31	2:39	255	5:46
Rad netto	20.00	34:13	1:42	4	8:28	28	8:28	20.50	48:07	2:20	31	5:06	255	9:10
Wechsel R -> L	-	1:28	-	24	0:56	176	0:56	20.50	49:35	2:25	31	5:36	255	9:46
Rad Total	20.00	35:41	1:47	4	8:58	36	8:58	20.50	49:35	2:25	31	5:36	255	9:46
Lauf Ziel	5.00	25:13	5:02	17	5:27	153	8:26	25.50	1:14:48	2:55	9	7:19	90	16:22