



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Jochen Acker

Club: LCO Edenkoben

Number: 264

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 4 (TM 55)

Total time: 1:13:27

Rank in course/Total: 86 (of 354)

Rank in course/Men: 76 (of 254)

Best time in course: 58:26

Rank in category: 8(of 36)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	10:41	21:22	9	2:36	101	3:54	0.50	10:41	21:22	37	2:36	255	3:54
Wechsel S -> R	-	2:39	-	14	2:39	101	2:39	0.50	13:20	26:40	37	2:30	255	5:12
Schwimmen Total	0.50	13:20	26:40	37	2:30	255	5:12	0.50	13:20	26:40	37	2:30	255	5:12
Rad netto	20.00	36:47	1:50	10	3:15	91	11:02	20.50	50:07	2:26	37	3:51	255	11:10
Wechsel R -> L	-	1:30	-	25	0:54	184	0:58	20.50	51:37	2:31	37	4:39	255	11:48
Rad Total	20.00	38:17	1:54	13	3:43	98	11:34	20.50	51:37	2:31	37	4:39	255	11:48
Lauf Ziel	5.00	21:50	4:21	4	0:43	73	5:03	25.50	1:13:27	2:52	8	5:15	76	15:01