



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Michael Schick

Total time: 1:14:32

Number: 353

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 100 (of 354)

Rank in course/Men: 88 (of 254)

Best time in course: 58:26

Category:

Rank in category: 9(of 36)

Senioren 4 (TM 55)

Best time in the category: 1:08:12

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:05	22:10	11	3:00	118	4:18	0.50	11:05	22:10	37	3:00	255	4:18
Wechsel S -> R	-	2:35	-	12	2:35	92	2:35	0.50	13:40	27:19	14	2:50	102	5:32
Schwimmen Total	0.50	13:40	27:19	14	2:50	102	5:32	0.50	13:40	27:19	14	2:50	102	5:32
Rad netto	20.00	36:39	1:49	8	3:07	84	10:54	20.50	50:19	2:27	37	4:03	255	11:22
Wechsel R -> L	-	1:18	-	17	0:42	148	0:46	20.50	51:37	2:31	37	4:39	255	11:48
Rad Total	20.00	37:57	1:53	9	3:23	88	11:14	20.50	51:37	2:31	37	4:39	255	11:48
Lauf Ziel	5.00	22:55	4:35	7	1:48	97	6:08	25.50	1:14:32	2:55	9	6:20	88	16:06