



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Michael Baumgartner

Total time: 1:18:20

Club: DLRG Lorsch

Number: 6

Course: 25.50 km

Rank in course/Total: 159 (of 354)

Lorsch Triathlon

Rank in course/Men: 138 (of 254)

Best time in course: 58:26

Category:

Rank in category: 14(of 36)

Senioren 4 (TM 55)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	10:57	21:53	10	2:52	109	4:10	0.50	10:57	21:53	37	2:52	111	4:10
Wechsel S -> R	-	1:58	-	6	1:58	37	1:58	0.50	12:55	25:49	37	2:05	72	4:47
Schwimmen Total	0.50	12:55	25:49	37	2:05	72	4:47	0.50	12:55	25:49	37	2:05	72	4:47
Rad netto	20.00	36:45	1:50	9	3:13	90	11:00	20.50	49:40	2:25	37	3:24	75	10:43
Wechsel R -> L	-	1:23	-	20	0:47	162	0:51	20.50	51:03	2:29	37	4:05	78	11:14
Rad Total	20.00	38:08	1:54	12	3:34	95	11:25	20.50	51:03	2:29	37	4:05	78	11:14
Lauf Ziel	5.00	27:17	5:27	25	6:10	196	10:30	25.50	1:18:20	3:04	14	10:08	138	19:54