



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Ralf Bitsch

Total time: 1:36:13

Number: 110

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 326 (of 354)

Rank in course/Men: 238 (of 254)

Best time in course: 58:26

Category:

Senioren 4 (TM 55)

Rank in category: 33(of 36)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:31	27:02	27	5:26	215	6:44	0.50	13:31	27:02	37	5:26	255	6:44
Wechsel S -> R	-	3:52	-	26	3:52	203	3:52	0.50	17:23	34:45	27	6:33	255	9:15
Schwimmen Total	0.50	17:23	34:45	27	6:33	255	9:15	0.50	17:23	34:45	27	6:33	255	9:15
Rad netto	20.00	47:42	2:23	33	14:10	244	21:57	20.50	1:05:05	3:10	33	18:49	255	26:08
Wechsel R -> L	-	0:52	-	5	0:16	55	0:20	20.50	1:05:57	3:13	33	18:59	255	26:08
Rad Total	20.00	48:34	2:25	33	14:00	242	21:51	20.50	1:05:57	3:13	33	18:59	255	26:08
Lauf Ziel	5.00	30:16	6:03	31	9:09	227	13:29	25.50	1:36:13	3:46	33	28:01	238	37:47