



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Hans-Leo, Ross

Total time: 1:44:16

Number: 351

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 345 (of 354)

Rank in course/Men: 248 (of 254)

Best time in course: 58:26

Category:

Rank in category: 34(of 36)

Senioren 4 (TM 55)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	17:50	35:39	34	9:45	251	11:03	0.50	17:50	35:39	37	9:45	255	11:03
Wechsel S -> R	-	4:36	-	32	4:36	237	4:36	0.50	22:26	44:52	36	11:36	255	14:18
Schwimmen Total	0.50	22:26	44:52	36	11:36	255	14:18	0.50	22:26	44:52	36	11:36	255	14:18
Rad netto	20.00	49:45	2:29	35	16:13	250	24:00	20.50	1:12:11	3:31	37	25:55	255	33:14
Wechsel R -> L	-	0:53	-	6	0:17	62	0:21	20.50	1:13:04	3:33	37	26:06	255	33:15
Rad Total	20.00	50:38	2:31	35	16:04	250	23:55	20.50	1:13:04	3:33	37	26:06	255	33:15
Lauf Ziel	5.00	31:12	6:14	34	10:05	235	14:25	25.50	1:44:16	4:05	34	36:04	248	45:50