



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Johan Willems

Total time: 1:12:12

Number: 261

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 71 (of 354)

Rank in course/Men: 63 (of 254)

Best time in course: 58:26

Category:

Senioren 5 (TM 60)

Rank in category: 4(of 13)

Best time in the category: 1:06:30

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:19	20:37	4	1:26	86	3:32	0.50	10:19	20:37	14	1:26	255	3:32
Wechsel S -> R	-	2:50	-	4	0:59	120	2:50	0.50	13:09	26:18	14	2:25	255	5:01
Schwimmen Total	0.50	13:09	26:18	14	2:25	255	5:01	0.50	13:09	26:18	14	2:25	255	5:01
Rad netto	20.00	36:44	1:50	3	2:21	88	10:59	20.50	49:53	2:25	14	4:46	255	10:56
Wechsel R -> L	-	1:42	-	9	1:01	210	1:10	20.50	51:35	2:30	14	5:11	255	11:46
Rad Total	20.00	38:26	1:55	4	2:46	103	11:43	20.50	51:35	2:30	14	5:11	255	11:46
Lauf Ziel	5.00	20:37	4:07	2	0:31	39	3:50	25.50	1:12:12	2:49	4	5:42	63	13:46