



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Oscar Danz

Total time: 1:16:50

Number: 191

Course: 25.50 km

Rank in course/Total: 137 (of 354)

Lorsch Triathlon

Rank in course/Men: 121 (of 254)

Best time in course: 58:26

Category:

Rank in category: 13(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:40	23:19	23	2:42	153	4:53	0.50	11:40	23:19	23	2:42	153	4:53
Wechsel S -> R	-	4:09	-	24	2:45	218	4:09	0.50	15:49	31:37	25	4:34	255	7:41
Schwimmen Total	0.50	15:49	31:37	25	4:34	255	7:41	0.50	15:49	31:37	25	4:34	255	7:41
Rad netto	20.00	39:35	1:58	19	13:50	181	13:50	20.50	55:24	2:42	31	12:23	255	16:27
Wechsel R -> L	-	0:40	-	4	0:08	19	0:08	20.50	56:04	2:44	20	12:05	255	16:15
Rad Total	20.00	40:15	2:00	17	13:32	157	13:32	20.50	56:04	2:44	20	12:05	255	16:15
Lauf Ziel	5.00	20:46	4:09	5	1:00	40	3:59	25.50	1:16:50	3:00	13	9:21	121	18:24