



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Thomas Groß

Total time: 1:26:49

Number: 51

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 265 (of 354)

Rank in course/Men: 206 (of 254)

Best time in course: 58:26

Category:

Rank in category: 9(of 13)

Senioren 5 (TM 60)

Best time in the category: 1:06:30

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:42	25:23	11	3:49	193	5:55	0.50	12:42	25:23	14	3:49	193	5:55
Wechsel S -> R	-	3:46	-	10	1:55	195	3:46	0.50	16:28	32:55	14	5:44	196	8:20
Schwimmen Total	0.50	16:28	32:55	14	5:44	196	8:20	0.50	16:28	32:55	14	5:44	196	8:20
Rad netto	20.00	39:10	1:57	7	4:47	166	13:25	20.50	55:38	2:42	14	10:31	185	16:41
Wechsel R -> L	-	1:22	-	7	0:41	157	0:50	20.50	57:00	2:46	14	10:36	186	17:11
Rad Total	20.00	40:32	2:01	7	4:52	169	13:49	20.50	57:00	2:46	14	10:36	186	17:11
Lauf Ziel	5.00	29:49	5:57	10	9:43	225	13:02	25.50	1:26:49	3:24	9	20:19	206	28:23