



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Dieter Kary

Total time: 1:17:08

Number: 442

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 139 (of 354)

Rank in course/Men: 123 (of 254)

Best time in course: 58:26

Category:

Rank in category: 1(of 6)

Senioren 7 (TM 70)

Best time in the category: 1:17:08

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 11:26 | 22:52 | 1 | - | 138 | 4:39 | 0.50 | 11:26 | 22:52 | 1 | - | 255 | 4:39 |
| Wechsel S -> R | - | 2:18 | - | 1 | - | 67 | 2:18 | 0.50 | 13:44 | 27:27 | 1 | - | 255 | 5:36 |
| Schwimmen Total | 0.50 | 13:44 | 27:27 | 1 | - | 255 | 5:36 | 0.50 | 13:44 | 27:27 | 1 | - | 255 | 5:36 |
| Rad netto | 20.00 | 38:30 | 1:55 | 1 | - | 143 | 12:45 | 20.50 | 52:14 | 2:32 | 1 | - | 255 | 13:17 |
| Wechsel R -> L | - | 1:02 | - | 3 | 0:13 | 87 | 0:30 | 20.50 | 53:16 | 2:35 | 1 | - | 255 | 13:27 |
| Rad Total | 20.00 | 39:32 | 1:58 | 1 | - | 136 | 12:49 | 20.50 | 53:16 | 2:35 | 1 | - | 255 | 13:27 |
| Lauf Ziel | 5.00 | 23:52 | 4:46 | 1 | - | 126 | 7:05 | 25.50 | 1:17:08 | 3:01 | 1 | - | 123 | 18:42 |