



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Karl-Heinz Fahrbach

Total time: 1:28:34

Number: 177

Course: 25.50 km

Rank in course/Total: 283 (of 354)

Lorsch Triathlon

Rank in course/Men: 217 (of 254)

Best time in course: 58:26

Category:

Rank in category: 2(of 6)

Senioren 7 (TM 70)

Best time in the category: 1:17:08

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	15:13	30:26	6	3:47	242	8:26	0.50	15:13	30:26	7	3:47	255	8:26
Wechsel S -> R	-	3:23	-	3	1:05	178	3:23	0.50	18:36	37:12	7	4:52	255	10:28
Schwimmen Total	0.50	18:36	37:12	7	4:52	255	10:28	0.50	18:36	37:12	7	4:52	255	10:28
Rad netto	20.00	38:51	1:56	2	0:21	156	13:06	20.50	57:27	2:48	7	5:13	255	18:30
Wechsel R -> L	-	1:26	-	4	0:37	171	0:54	20.50	58:53	2:52	7	5:37	255	19:04
Rad Total	20.00	40:17	2:00	2	0:45	159	13:34	20.50	58:53	2:52	7	5:37	255	19:04
Lauf Ziel	5.00	29:41	5:56	4	5:49	222	12:54	25.50	1:28:34	3:28	2	11:26	217	30:08