



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Rainer Brechtel**

Club: LCO Edenkoben

Number: 41

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 7 (TM 70)

Total time: 1:30:36

Rank in course/Total: 294 (of 354)

Rank in course/Men: 222 (of 254)

Best time in course: 58:26

Rank in category: 3(of 6)

Best time in the category: 1:17:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	14:47	29:33	4	3:21	232	8:00	0.50	14:47	29:33	7	3:21	232	8:00
Wechsel S -> R	-	4:12	-	5	1:54	222	4:12	0.50	18:59	37:58	7	5:15	238	10:51
Schwimmen Total	0.50	18:59	37:58	7	5:15	238	10:51	0.50	18:59	37:58	7	5:15	238	10:51
Rad netto	20.00	43:16	2:09	4	4:46	225	17:31	20.50	1:02:15	3:02	7	10:01	230	23:18
Wechsel R -> L	-	2:09	-	5	1:20	240	1:37	20.50	1:04:24	3:08	7	11:08	233	24:35
Rad Total	20.00	45:25	2:16	4	5:53	228	18:42	20.50	1:04:24	3:08	7	11:08	233	24:35
Lauf Ziel	5.00	26:12	5:14	3	2:20	176	9:25	25.50	1:30:36	3:33	3	13:28	222	32:10