



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Emil Smejkal**

**Total time: 1:19:19**

Club: SG Poseidon Eppelheim

Number: 204

Course: 25.50 km

Rank in course/Total: 168 (of 354)

Lorsch Triathlon

Rank in course/Men: 144 (of 254)

Best time in course: 58:26

Category:

Rank in category: 1(of 3)

Senioren 8 (TM 75)

Best time in the category: 1:19:19

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	14:36	29:11	2	1:11	229	7:49	0.50	14:36	29:11	4	1:11	255	7:49	
Wechsel S -> R	-	2:31	-	1	-	84	2:31	0.50	17:07	34:14	4	0:05	212	8:59	
Schwimmen Total	0.50	17:07	34:14	4	0:05	212	8:59	0.50	17:07	34:14	4	0:05	212	8:59	
Rad netto	20.00	34:35	1:43	1	-	40	8:50	20.50	51:42	2:31	1	-	255	12:45	
Wechsel R -> L	-	1:34	-	1	-	195	1:02	20.50	53:16	2:35	1	-	255	13:27	
Rad Total	20.00	36:09	1:48	1	-	47	9:26	20.50	53:16	2:35	1	-	255	13:27	
Lauf Ziel	5.00	26:03	5:12	1	-	173	9:16	25.50	1:19:19	3:06	1	-	144	20:53	