



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Lutz Prenzel

Total time: 1:42:05

Number: 240

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 344 (of 354)

Rank in course/Men: 247 (of 254)

Best time in course: 58:26

Category:

Rank in category: 3(of 3)

Senioren 8 (TM 75)

Best time in the category: 1:19:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	16:23	32:45	3	2:58	247	9:36	0.50	16:23	32:45	3	2:58	255	9:36
Wechsel S -> R	-	5:05	-	3	2:34	246	5:05	0.50	21:28	42:55	3	4:26	255	13:20
Schwimmen Total	0.50	21:28	42:55	3	4:26	255	13:20	0.50	21:28	42:55	3	4:26	255	13:20
Rad netto	20.00	47:38	2:22	3	13:03	243	21:53	20.50	1:09:06	3:22	4	17:24	255	30:09
Wechsel R -> L	-	1:41	-	2	0:07	207	1:09	20.50	1:10:47	3:27	4	17:31	255	30:58
Rad Total	20.00	49:19	2:27	3	13:10	244	22:36	20.50	1:10:47	3:27	4	17:31	255	30:58
Lauf Ziel	5.00	31:18	6:15	3	5:15	236	14:31	25.50	1:42:05	4:00	3	22:46	247	43:39