



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Johanna Bieneck

Total time: 1:11:10

Club: Team Brunnenpfad

Number: 328

Course: 25.50 km

Rank in course/Total: 58 (of 354)

Lorsch Triathlon

Rank in course/Women: 5 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 1(of 12)

Seniorinnen 1 (TW 40)

Best time in the category: 1:11:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:49	19:37	1	-	15	2:47	0.50	9:49	19:37	1	-	101	2:47
Wechsel S -> R	-	2:17	-	3	0:40	14	0:46	0.50	12:06	24:11	1	-	101	2:43
Schwimmen Total	0.50	12:06	24:11	1	-	101	2:43	0.50	12:06	24:11	1	-	101	2:43
Rad netto	20.00	37:20	1:52	1	-	13	34:31	20.50	49:26	2:24	1	-	101	34:53
Wechsel R -> L	-	0:58	-	5	0:14	31	0:24	20.50	50:24	2:27	1	-	101	6:09
Rad Total	20.00	38:18	1:54	1	-	10	3:26	20.50	50:24	2:27	1	-	101	6:09
Lauf Ziel	5.00	20:46	4:09	1	-	6	5:16	25.50	1:11:10	2:47	1	-	5	8:12