



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Jana Colditz

Total time: 1:14:10

Club: RV03 Bürstadt

Number: 122

Course: 25.50 km

Rank in course/Total: 96 (of 354)

Lorsch Triathlon

Rank in course/Women: 12 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 2(of 12)

Seniorinnen 1 (TW 40)

Best time in the category: 1:11:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:33	21:06	2	0:44	25	3:31	0.50	10:33	21:06	13	0:44	101	3:31
Wechsel S -> R	-	1:49	-	2	0:12	5	0:18	0.50	12:22	24:44	13	0:16	101	2:59
Schwimmen Total	0.50	12:22	24:44	13	0:16	101	2:59	0.50	12:22	24:44	13	0:16	101	2:59
Rad netto	20.00	37:45	1:53	2	0:25	15	34:56	20.50	50:07	2:26	13	0:41	101	35:34
Wechsel R -> L	-	0:44	-	1	-	6	0:10	20.50	50:51	2:28	13	0:27	101	6:36
Rad Total	20.00	38:29	1:55	2	0:11	11	3:37	20.50	50:51	2:28	13	0:27	101	6:36
Lauf Ziel	5.00	23:19	4:39	3	2:33	17	7:49	25.50	1:14:10	2:54	2	3:00	12	11:12