



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

**Birte Perner**

Club: ASG Hockenheim

Number: 95

Course: 25.50 km

Lorsch Triathlon

Category:

Seniorinnen 1 (TW 40)

**Total time: 1:17:26**

Rank in course/Total: 143 (of 354)

Rank in course/Women: 19 (of 100)

Best time in course: 1:02:58

Rank in category: 4(of 12)

Best time in the category: 1:11:10

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:44	21:27	3	0:55	28	3:42	0.50	10:44	21:27	13	0:55	101	3:42
Wechsel S -> R	-	2:21	-	5	0:44	17	0:50	0.50	13:05	26:10	13	0:59	23	3:42
Schwimmen Total	0.50	13:05	26:10	13	0:59	23	3:42	0.50	13:05	26:10	13	0:59	23	3:42
Rad netto	20.00	39:40	1:58	5	2:20	31	36:51	20.50	52:45	2:34	13	3:19	25	38:12
Wechsel R -> L	-	0:50	-	4	0:06	25	0:16	20.50	53:35	2:36	13	3:11	22	9:20
Rad Total	20.00	40:30	2:01	5	2:12	26	5:38	20.50	53:35	2:36	13	3:11	22	9:20
Lauf Ziel	5.00	23:51	4:46	4	3:05	22	8:21	25.50	1:17:26	3:02	4	6:16	19	14:28