



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Francesca Fragapane

Total time: 1:23:56

Number: 101

Course: 25.50 km

Rank in course/Total: 228 (of 354)

Lorsch Triathlon

Rank in course/Women: 45 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 6(of 12)

Seniorinnen 1 (TW 40)

Best time in the category: 1:11:10

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:59	25:57	10	3:10	77	5:57	0.50	12:59	25:57	13	3:10	101	5:57
Wechsel S -> R	-	2:18	-	4	0:41	15	0:47	0.50	15:17	30:33	13	3:11	53	5:54
Schwimmen Total	0.50	15:17	30:33	13	3:11	53	5:54	0.50	15:17	30:33	13	3:11	53	5:54
Rad netto	20.00	39:03	1:57	4	1:43	23	36:14	20.50	54:20	2:39	13	4:54	40	39:47
Wechsel R -> L	-	1:01	-	6	0:17	36	0:27	20.50	55:21	2:42	13	4:57	34	11:06
Rad Total	20.00	40:04	2:00	4	1:46	22	5:12	20.50	55:21	2:42	13	4:57	34	11:06
Lauf Ziel	5.00	28:35	5:43	9	7:49	71	13:05	25.50	1:23:56	3:17	6	12:46	45	20:58