



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Sarah Fahrbach

Total time: 1:24:30

Number: 178

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 237 (of 354)

Rank in course/Women: 49 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 8(of 12)

Seniorinnen 1 (TW 40)

Best time in the category: 1:11:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:19	26:37	11	3:30	86	6:17	0.50	13:19	26:37	13	3:30	101	6:17
Wechsel S -> R	-	2:40	-	7	1:03	33	1:09	0.50	15:59	31:57	13	3:53	101	6:36
Schwimmen Total	0.50	15:59	31:57	13	3:53	101	6:36	0.50	15:59	31:57	13	3:53	101	6:36
Rad netto	20.00	41:27	2:04	7	4:07	52	38:38	20.50	57:26	2:48	13	8:00	101	42:53
Wechsel R -> L	-	1:20	-	8	0:36	62	0:46	20.50	58:46	2:52	13	8:22	101	14:31
Rad Total	20.00	42:47	2:08	7	4:29	49	7:55	20.50	58:46	2:52	13	8:22	101	14:31
Lauf Ziel	5.00	25:44	5:08	6	4:58	44	10:14	25.50	1:24:30	3:18	8	13:20	49	21:32