



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Claudia Fritzsche

Total time: 1:34:19

Number: 97

Course: 25.50 km

Rank in course/Total: 318 (of 354)

Lorsch Triathlon

Rank in course/Women: 85 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 11(of 12)

Seniorinnen 1 (TW 40)

Best time in the category: 1:11:10

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:42	25:23	9	2:53	70	5:40	0.50	12:42	25:23	13	2:53	101	5:40
Wechsel S -> R	-	3:57	-	11	2:20	79	2:26	0.50	16:39	33:17	13	4:33	79	7:16
Schwimmen Total	0.50	16:39	33:17	13	4:33	79	7:16	0.50	16:39	33:17	13	4:33	79	7:16
Rad netto	20.00	46:53	2:20	11	9:33	86	44:04	20.50	1:03:32	3:05	13	14:06	85	48:59
Wechsel R -> L	-	1:27	-	11	0:43	72	0:53	20.50	1:04:59	3:10	13	14:35	83	20:44
Rad Total	20.00	48:20	2:25	11	10:02	87	13:28	20.50	1:04:59	3:10	13	14:35	83	20:44
Lauf Ziel	5.00	29:20	5:51	11	8:34	78	13:50	25.50	1:34:19	3:41	11	23:09	85	31:21