



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Antje Reuter

Club: DjK Käfertal

Number: 77

Course: 25.50 km

Lorsch Triathlon

Category:

Seniorinnen 1 (TW 40)

Total time: 1:38:06

Rank in course/Total: 334 (of 354)

Rank in course/Women: 91 (of 100)

Best time in course: 1:02:58

Rank in category: 12(of 12)

Best time in the category: 1:11:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:39	29:18	12	4:50	92	7:37	0.50	14:39	29:18	13	4:50	101	7:37
Wechsel S -> R	-	5:02	-	12	3:25	94	3:31	0.50	19:41	39:22	13	7:35	96	10:18
Schwimmen Total	0.50	19:41	39:22	13	7:35	96	10:18	0.50	19:41	39:22	13	7:35	96	10:18
Rad netto	20.00	48:30	2:25	12	11:10	91	45:41	20.50	1:08:11	3:19	13	18:45	96	53:38
Wechsel R -> L	-	1:05	-	7	0:21	41	0:31	20.50	1:09:16	3:22	13	18:52	95	25:01
Rad Total	20.00	49:35	2:28	12	11:17	92	14:43	20.50	1:09:16	3:22	13	18:52	95	25:01
Lauf Ziel	5.00	28:50	5:46	10	8:04	72	13:20	25.50	1:38:06	3:50	12	26:56	91	35:08