



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Alexander Kurz

Total time: 1:19:30

Club: Bensheim

Number: 263

Course: 25.50 km

Rank in course/Total: 170 (of 354)

Lorsch Triathlon

Rank in course/Men: 146 (of 254)

Best time in course: 58:26

Category:

Rank in category: 17(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:24	20:48	13	1:26	90	3:37	0.50	10:24	20:48	31	1:26	255	3:37
Wechsel S -> R	-	4:08	-	23	2:44	216	4:08	0.50	14:32	29:03	18	3:17	143	6:24
Schwimmen Total	0.50	14:32	29:03	18	3:17	143	6:24	0.50	14:32	29:03	18	3:17	143	6:24
Rad netto	20.00	39:16	1:57	17	13:31	172	13:31	20.50	53:48	2:37	17	10:47	255	14:51
Wechsel R -> L	-	0:45	-	8	0:13	31	0:13	20.50	54:33	2:39	17	10:34	255	14:44
Rad Total	20.00	40:01	2:00	15	13:18	149	13:18	20.50	54:33	2:39	17	10:34	255	14:44
Lauf Ziel	5.00	24:57	4:59	15	5:11	150	8:10	25.50	1:19:30	3:07	17	12:01	146	21:04