



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Miriam Ochsenreiter

Total time: 1:27:08

Number: 440

Course: 25.50 km

Rank in course/Total: 270 (of 354)

Lorsch Triathlon

Rank in course/Women: 62 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 9(of 12)

Seniorinnen 2 (TW 45)

Best time in the category: 1:05:09

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:21	24:41	8	3:32	60	5:19	0.50	12:21	24:41	13	3:32	60	5:19
Wechsel S -> R	-	3:10	-	9	1:39	61	1:39	0.50	15:31	31:02	13	5:11	61	6:08
Schwimmen Total	0.50	15:31	31:02	13	5:11	61	6:08	0.50	15:31	31:02	13	5:11	61	6:08
Rad netto	20.00	42:52	2:08	11	8:11	61	40:03	20.50	58:23	2:50	13	13:22	101	43:50
Wechsel R -> L	-	1:21	-	8	0:35	64	0:47	20.50	59:44	2:54	13	13:41	101	15:29
Rad Total	20.00	44:13	2:12	10	8:30	60	9:21	20.50	59:44	2:54	13	13:41	101	15:29
Lauf Ziel	5.00	27:24	5:28	8	8:18	61	11:54	25.50	1:27:08	3:25	9	21:59	62	24:10