



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Orpha Tank

Total time: 1:31:19

Number: 73

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 302 (of 354)  
Rank in course/Women: 78 (of 100)

Best time in course: 1:02:58

Category:  
Seniorinnen 2 (TW 45)

Rank in category: 11(of 12)

Best time in the category: 1:05:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:38	25:15	9	3:49	68	5:36	0.50	12:38	25:15	9	3:49	101	5:36
Wechsel S -> R	-	2:48	-	7	1:17	41	1:17	0.50	15:26	30:52	9	5:06	54	6:03
Schwimmen Total	0.50	15:26	30:52	9	5:06	54	6:03	0.50	15:26	30:52	9	5:06	54	6:03
Rad netto	20.00	41:59	2:05	9	7:18	55	39:10	20.50	57:25	2:48	9	12:24	52	42:52
Wechsel R -> L	-	1:04	-	4	0:18	40	0:30	20.50	58:29	2:51	9	12:26	51	14:14
Rad Total	20.00	43:03	2:09	9	7:20	52	8:11	20.50	58:29	2:51	9	12:26	51	14:14
Lauf Ziel	5.00	32:50	6:34	12	13:44	90	17:20	25.50	1:31:19	3:34	11	26:10	78	28:21