



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Sabine Link

Total time: 1:21:55

Number: 213

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 203 (of 354)

Rank in course/Women: 36 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 3(of 9)

Seniorinnen 3 (TW 50)

Best time in the category: 1:15:57

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:31	23:02	4	0:50	41	4:29	0.50	11:31	23:02	10	0:50	101	4:29
Wechsel S -> R	-	3:18	-	7	0:45	63	1:47	0.50	14:49	29:37	10	1:18	44	5:26
Schwimmen Total	0.50	14:49	29:37	10	1:18	44	5:26	0.50	14:49	29:37	10	1:18	44	5:26
Rad netto	20.00	38:27	1:55	3	2:10	19	35:38	20.50	53:16	2:35	10	2:58	101	38:43
Wechsel R -> L	-	1:35	-	6	0:50	81	1:01	20.50	54:51	2:40	10	2:59	101	10:36
Rad Total	20.00	40:02	2:00	3	2:11	21	5:10	20.50	54:51	2:40	10	2:59	101	10:36
Lauf Ziel	5.00	27:04	5:24	6	4:13	57	11:34	25.50	1:21:55	3:12	3	5:58	36	18:57