



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Carina Born-Brosy

Total time: 1:25:35

Number: 9

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 251 (of 354)

Rank in course/Women: 53 (of 100)

Best time in course: 1:02:58

Category:

Seniorinnen 3 (TW 50)

Rank in category: 7(of 9)

Best time in the category: 1:15:57

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	15:05	30:10	9	4:24	96	8:03	0.50	15:05	30:10	10	4:24	101	8:03
Wechsel S -> R	-	3:01	-	6	0:28	55	1:30	0.50	18:06	36:12	10	4:35	101	8:43
Schwimmen Total	0.50	18:06	36:12	10	4:35	101	8:43	0.50	18:06	36:12	10	4:35	101	8:43
Rad netto	20.00	40:44	2:02	6	4:27	44	37:55	20.50	58:50	2:52	7	8:32	101	44:17
Wechsel R -> L	-	0:49	-	2	0:04	22	0:15	20.50	59:39	2:54	7	7:47	101	15:24
Rad Total	20.00	41:33	2:04	6	3:42	38	6:41	20.50	59:39	2:54	7	7:47	101	15:24
Lauf Ziel	5.00	25:56	5:11	4	3:05	46	10:26	25.50	1:25:35	3:21	7	9:38	53	22:37